

Lakeland High School

Menu #1

Student Lunch \$2.10

Adult Lunch \$3.00

Extra Milk \$.50

Italian

Monday– Spaghetti w/Meat Sauce &
Bread Stick

Tuesday– Pizza

Wednesday–Bosco Sticks

Thursday– Calzone

Friday– Pizza

FIESTA

Monday– Nacho Grande

Tuesday– Chicken Fajita

Wednesday– Quesadilla

Thursday– Nacho Grande

Friday– Breakfast Burrito w/Hash Brown

All American

Monday– Spicy Chicken w/ Sweet Potato
Puffs

Tuesday– Corn Dog w/ Cubed Fries

Wednesday– Chicken Sandwich w/
Sweet Potato Fries

Thursday– Pork Fritter w/ Tater Tots

Friday– Hamburger w/ French Fries

In The Chiller

Chef Salad

Deli Sandwich

Laker Edge

Monday– Chili Cheese Fries

Tuesday– Orange Chicken w/Pasta

Wednesday– Chicken & Noodles

Thursday– Boom Boom Chicken

Friday– Chicken Bowl w/ Mashed
Potatoes

Daily Veggie

Monday– Green Beans

Tuesday– Steamed Broccoli

Wednesday– Baked Beans

Thursday– Sweet Carrots

Friday– Corn

Everyday– Side Salad

and

Garden Fresh Vegetables

Variety of fruits & fruit juice offered each day.

Choice of milk– white, chocolate and strawberry.

High school lunch consists of 5 components they are
meat, grain, fruit, vegetable and milk.

Breakfast

Monday– Breakfast Pizza

Tuesday– Pancake Stick

Wednesday– Cinnamon Texas Toast

Thursday– French Toast Sticks

Friday– Sausage Gravy & Biscuits

Additional Grain Options are Available.

Breakfast consists of 3 items they are grain, fruit
and/or juice and milk.